

Games

Intent

Our games curriculum is based around the National Curriculum. The intent for games is that children will develop a wide range of physical skills and be able to apply these to a variety of sports. From Nursery to Year 6, children will be taught gross motor skills and fundamental movements skills, which will then be applied to a wide range of specific sports. All children will have the opportunity to experience a competitive environment to develop their teamwork, sportsmanship and skills. All games lessons will be inclusive, fun and accessible to all, encouraging all children to be active and healthy throughout their lives.

Rationale

Children who leave our schools will enjoy physical activity and be willing to take part in a wide variety of sports and games. Children will understand that a growth mindset will help them to make improvements to their physical skills and that these improvements will develop over time. Children will enjoy making healthy choices both for their bodies and their minds. A strong focus on developing good fundamental skills in EYFS and KS1 will allow children to access and participate more effectively in a wide range of sports throughout KS2. Every sport will be revisited and depth of knowledge and skills will be extended. Across the Trust, the same sport for the same year group will be taught in the same half term to allow for additional competition opportunities. PE will be taught for one hour weekly with input from the specialist sports coach where possible.

Games Curriculum

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Nursery	Knowledge	Skills taught in units	Vocabulary
	<p>I know how to match my developing physical skills to tasks and activities in the setting. For example, whether to crawl, walk or run across a plank, depending on its length and width</p>	<p>I can run, jump and climb I can enjoy starting to kick, throw and catch balls- I can skip, hop, stand on one leg and hold a pose for a game like musical statues I can start to take part in some group activities which they make up for themselves, or in teams</p>	<p>Walk Run Jump Climb Kick Throw Catch Safely</p>
Reception	<p>I know how to move safely, thinking of myself and others I know the importance of regular physical activity</p>	<p>I can further develop and refine a range of ball skills including: throwing, catching, kicking, passing, batting, and aiming I can develop confidence, competence, precision and accuracy when engaging in activities that involve a ball I can move with developing control I can work to develop overall body-strength, balance, co-ordination and agility I can move energetically when running, jumping, dancing, hopping, skipping and climbing</p>	<p>Control Aim Pass Bat</p>

Year 1	Autumn 1 Travel with a small ball	
	Knowledge	Skills taught in units
	I know how to play with a small ball whilst moving in a range of ways. I know that I need to stay within the games area when playing.	I can play safely with a range of equipment. I can travel with a small ball.
	Autumn 2 Travel with a Quoit	
	Knowledge	Skills taught in units
	I know how to roll and throw a quoit whilst moving. I know it is important to stop when the teacher says so.	I can play safely with a range of equipment. I can travel with a quoit in 2 different ways.
	Spring 1 Send and receive a medium ball	
	Knowledge	Skills taught in units
	I know that I can send a ball to a partner by rolling, throwing and bouncing. I know that I can receive a ball by catching or stopping it.	I can send and receive a medium ball in two ways with my hands.
	Spring 2 Aim a beanbag	
	Knowledge	Skills taught in units
	I know how to aim a beanbag to hit a target. I know how to play with a bean bag in several different ways.	I can aim a beanbag at a target in two different ways.
	Sum 1 Skipping	
	Knowledge	Skills taught in units
	I know how to skip. I know there are different ways to play with skipping rope.	I can skip with a rope making a pattern that can be repeated.
	Sum 2 Bat and ball	
Knowledge	Skills taught in units	
I know how to bounce a ball with a bat. I know there are different ways to bounce a small ball.	I can make a pattern that can be repeated involving bouncing a ball using a bat.	

Year 2	Autumn 1 Make up a travelling game with a partner using a small ball.	
	Knowledge	Skills taught in units
	I know there are different ways to travel with a small ball. I know it is important to send accurately in order for my partner to return the ball to me.	I can play safely with a partner using a range of equipment. I can make up a travelling game with a partner using a small ball.
	Autumn 2 Make up a travelling game with a partner using a quoit.	
	Knowledge	Skills taught in units
	I know there are different ways to travel with a quoit. I know it is important to send accurately in order for my partner to return the quoit to me.	I can play with a partner using a range of equipment. I can make up a travelling game with a partner using a quoit.
	Spring 1 Make up a game with a medium ball with a partner	
	Knowledge	Skills taught in units
	I know that games have rules. I know it is important to score points in a game.	I can make up patterns with a medium ball and repeat them. I can make up a game with a medium ball that has simple rules and a collaborative scoring system.
	Spring 2 Make up a game with a bean bag with a partner	
	Knowledge	Skills taught in units
	I know how I can improve my performance to score more points.	I can make up patterns with a bean bag and repeat them. I can make up a bean bag game with a partner that has simple rules and a collaborative scoring system.
	Summer 1 Catching Game over a Line with a partner	
	Knowledge	Skills taught in units
	I know there are different ways to throw and catch a ball over a line. I know how to make up rules for my games. I know that in games you can score points.	I can make up a catching game over a line with a partner. I can develop rules and a collaborative scoring system for the games.
	Summer 2 Introduction to Invasion games	

Knowledge	Skills taught in units
<p>I know there are different ways to pass and receive a ball whilst travelling.</p> <p>I know that points can be scored by hitting a target.</p> <p>I know that moving closer to the target makes it easier to score.</p>	<p>I can make up a sending and receiving game in 3s with a large ball which scores by travelling towards and hitting a target.</p>

Year 3	Autumn 1 Orienteering	
	Knowledge	Skills taught in units
	I know that a map represents a set area I know that maps come with a key to give specific information about symbols on a map I know that I need to rotate a map to fit with the direction I am facing I know that instructions may include: North, South, East and West	I can read a simple map I can turn and thumb a map to orientate it to match the area I can navigate a simple course I can develop my sustained running technique I can match a key to the symbols on a map
	Autumn 2 Football	
	Knowledge	Skills taught in units
	I know and use rules fairly I know football is an invasion game	I can individually travel with a ball, around and between markers in a grid. I can show increased spacial awareness I can dribble, pass, shoot and kick a ball
	Spring 1 Basketball	
	Knowledge	Skills taught in units
	I know and use rules fairly I know basketball is an invasion game	I can dribble the ball I can pass using a chest pass, overhead pass and bounce pass I can catch a ball effectively with two hands I can catch a ball while moving
	Spring 2 Tennis	
	Knowledge	Skills taught in units
	I know that tennis can be played in a 1v1 or 2v2 set up I can use a simple scoring system of points	I can hit a ball with a bat by myself I can rally with a partner I can play a competitive game of tennis over a rope/ low net
	Summer 1 Cricket	
	Knowledge	Skills taught in units

I know how to hit a ball in different directions.
I know that stumping the wicket means you are out in cricket.

I can field a ball and return it accurately.
I can self-feed to hit a ball in different directions.
I can bowl underarm to a partner

Summer 2- Athletics

Knowledge

I know that athletics has the skills of running, jumping and throwing
I know that athletics is an individual sport, where winners are decided by who: runs or hurdles fastest/ *furthest*; jump longest/ heights; throws the furthest

Skills taught in units

I can run for distance and speed
I can hurdle over low barriers
I can throw for distance
I can jump for distance and height

Autumn 1 - Netball**Knowledge**

I know what a bounce/ chest/ overhead/ 1 armed pass
I know the 3 step footwork rule

Skills taught in units

I can pass and receive a ball
I can make up a small sided game using netball skills, which includes scoring
I can vary tactics and adapt skills depending on what is happening in a game

Autumn 2 - Rugby**Knowledge**

I know a range of attacking and defending strategies
I know that I can only pass the ball sideways or backwards
I know that I can only pull the tags of the ball carrier
I know that if my tag is pulled, I must pass the ball to a teammate within 3 seconds

Skills taught in units

I can pass accurately to my teammates
I can run holding the ball
I can score by running to a line and touching the ball down
I can dodge a player from the opposite team

Spring 1 - Hockey**Knowledge**

I know that I can affect the game play by intercepting the ball
I know a range of attacking and defending strategies
I know how to pass the ball in different ways

Skills taught in units

I can vary tactics and adapt skills depending on what is happening in a game
I can keep possession of the ball against one or more defenders
I can dribble, pass, shoot and receive the ball

Spring 2 - Volleyball**Knowledge**

I know that I should target the ball into a space that my opponent cannot reach
I know that the ball must go over the net and land on the opposition's floor to score a point
I know that my team can touch the ball a maximum of three times before it must go over the net

Skills taught in units

I can hit and pass the ball to my partner's fist using a sponge ball/ low bounce volleyball
I can pass the ball high over a net
I can serve underarm or overarm

Summer 1 - Rounders	
Knowledge	Skills taught in units
<p>I know rounders is a striking and fielding game</p> <p>I know that I should run to as many posts as possible before the fielders return the ball to touch the post I am heading for.</p> <p>I know that my team will score a rounder if I can run all the way round the posts without stopping</p>	<p>I can throw and catch accurately with one hand</p> <p>I can hit a ball accurately with control</p> <p>I can use a 2 handed catch</p> <p>I can hit a ball with a bat (cricket/ rounders/ tennis)</p> <p>I can return the ball effectively back to the bowler or batting space</p> <p>I can develop my bowling accuracy towards an opponent batting</p> <p>I can develop my speed running with a bat to a desired area or marker</p>
Summer 2 - Orienteering (2 weeks) / Athletics (4 weeks)	
Knowledge	Skills taught in units
<p>I know that a map represents a set area</p> <p>I know that maps come with a key to give specific information about symbols on a map</p> <p>I know that I need to rotate a map to fit with the direction I am facing</p> <p>I know that instructions may include: North, South, East and West</p> <p>I know that athletics has the skills of running, jumping and throwing</p> <p>I know that athletics is an individual sport, where winners are decided by who: runs or hurdles fastest/ <i>furthest</i>; jump longest/ heights; throws the furthest</p>	<p>I can read a simple map</p> <p>I can turn and thumb a map to orientate it to match the area</p> <p>I can navigate a simple course</p> <p>I can develop my sustained running technique</p> <p>I can draw my own map to fit with a specific area</p> <p>I can match a key to the symbols on a match</p> <p>I can run for distance and speed</p> <p>I can hurdle over low barriers</p> <p>I can throw for distance</p> <p>I can jump for distance and height</p>

Year 5	Autumn 1 - Orienteering	
	Knowledge	Skills taught in units
	I know that a map represents a set area I know that maps come with a key to give specific information about symbols on a map I know that I need to rotate a map to fit with the direction I am facing I know that instructions may include: North, South, East and West and all directions between (e.g. North-West etc...) I know that there is a scale for the distance on a map	I can read an orienteering map I can turn and thumb a map to orientate it to match the area I can navigate a simple course I can draw my own map to fit with a specific area I can write my own simple instructions to fit with a map I can match a key to the symbols on a match
	Autumn 2 - Football	
	Knowledge	Skills taught in units
	I know tactics for defending and attacking I know the terms intercept and tackle I know the basic rules of football inc. handball and out of play	I can gain possession of a ball working in a team I can use a number of techniques to pass, dribble and shoot accurately I can use space appropriately
	Spring 1 - Basketball	
	Knowledge	Skills taught in units
	I know the basic rules of basketball I know that you cannot walk or run while holding the ball; so in order to move on court you must dribble the ball by bouncing it I know that basketball is a non-contact sport I knows tactics for defending and attacking in basketball	I can gain possession by working a team and pass in different ways I can choose a specific tactic for defending and attacking I can use a number of techniques to pass, dribble and shoot I can develop smooth and quick transition between attacking and defending as possession changes I can find space I can move off the ball smoothly and with purpose I can receive and keep possession of the ball I can shoot accurately into a goal
	Spring 2 - Tennis	

Knowledge	Skills taught in units
<p>I know the basic rules of tennis</p> <p>I know that the ball can only bounce once on my side before I hit it back over the net</p> <p>I know that the ball must stay within a given area</p> <p>I know some tactics that I can use in a tennis game</p>	<p>I can develop various strokes (forehand/backhand)</p> <p>I can rally with a partner and aim to improve the length each time</p> <p>I can start play by serving the ball to my opponent</p> <p>I can target a ball into a specific space that an opponent cannot reach</p>
Summer 1 - Cricket	
Knowledge	Skills taught in units
<p>I know the basic rules of cricket</p> <p>I know that I can score a run by running to the opposite wicket</p> <p>I know that I can be caught, bowled or run out</p> <p>I know some tactics that I can use in a cricket game</p>	<p>I can bat a ball to deceive fielders</p> <p>I can use and develop an effective bowling techniques (underarm or for HA chn overarm)</p> <p>I can develop an effective batting technique</p> <p>I can return a ball accurately to a teammate</p> <p>I can use a range of catching and throwing techniques</p>
Summer 2 - Athletics	
Knowledge	Skills taught in units
<p>I know the best body position for running for speed and over barriers</p> <p>I know that athletes practise and evaluate their performance to get better</p>	<p>I can run for distance and speed</p> <p>I can run as part of a team</p> <p>I can hurdle over low barriers</p> <p>I can throw for distance using two throwing techniques</p> <p>I can jump for distance and height (with run up for length)</p>

Year 6	Autumn 1 - Netball	
	Knowledge	Skills taught in units
	I know the basic rules of netball and can apply them: I know that I cannot move with the ball I know that I can pivot on one foot to change direction I know how to intercept a ball I know the different ways to pass a ball I know a range of attacking and defending strategies	I can play as a team and communicate a plan I can pass/ shoot a ball accurately I can pivot I can use a correct shooting technique I can pass accurately and consistently to keep possession for longer periods I can develop smooth and quick transition between attacking and defending as possession changes I can find space
	Autumn 2 - Rugby	
	Knowledge	Skills taught in units
	I know a range of attacking and defending strategies I know that I can only pass the ball sideways or backwards I know that I can only pull the tag of the ball carrier I know that if my tag is pulled, I must roll the ball backwards to a waiting teammate. I know that I can I know how to intercept a ball	I can pass accurately to my teammates I can run holding the ball I can score by running to a line and touching the ball down I can dodge a player from the opposite team
	Spring 1 - Hockey	
	Knowledge	Skills taught in units
	I know that I can affect the game play by intercepting the ball I know a range of attacking and defending strategies I know how to pass the ball in different ways I know the basic rules of hockey: I know that hockey is a non-contact sport I know that I can score a point by getting the ball in the goal I know some tactics that I can use in a hockey game	I can vary tactics and adapt skills depending on what is happening in a game I can keep possession of the ball against one or more defenders I can dribble, pass, shoot and receive the ball
	Spring 2 - Volleyball	

Knowledge	Skills taught in units
<p>I know the basic rules of volleyball inc:</p> <p>I know that the ball must not touch the floor on my team's side</p> <p>I know that I can score a point by hitting the ball over the net and it touching the floor on the opposite side</p> <p>I know some tactics that I can use in a volleyball game</p>	<p>I can hit and pass the ball to my partner's fist using a low bounce volleyball</p> <p>I can pass the ball high over a net</p> <p>I can serve underarm or overarm</p> <p>I can pass to a player in my team</p> <p>I can strike the ball to score/ aim into a specific area</p>
Summer 1 - Rounders	
Knowledge	Skills taught in units
<p>I know the basic rules of rounders</p> <p>I know that I should run to as many posts as possible before the fielders return the ball to touch the post I am heading for.</p> <p>I know that my team will score a rounder if I can run all the way round the posts without stopping</p> <p>I know some tactics that I can use in a rounders game</p>	<p>I can throw and catch accurately with one hand</p> <p>I can hit a ball accurately with control</p> <p>I can use a 2 handed catch</p> <p>I can hit a ball with a bat (cricket/ rounders)</p> <p>I can return the ball effectively back to the bowler or batting space</p> <p>I can bowl accurately towards an opponent batting</p> <p>I can develop my speed running with a bat to a desired area or marker</p>
Summer 2 - Orienteering / Athletics	
Knowledge	Skills taught in units
<p>I know the best body position for running for speed and over barriers</p> <p>I know that athletes practise and evaluate their performance to get better</p>	<p>I can run for distance and speed</p> <p>I can run as part of a team</p> <p>I can hurdle over low barriers</p> <p>I can throw for distance using two throwing techniques</p> <p>I can jump for distance and height (with a run for length)</p>