

Cringle Brook Summer Menu

Week 1 Menu for Years 1, 4, 5 and 6

Meal Choice	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margherita Pizza with Jacket Wedges	Hot Pasta Bolognaise	Hotdogs with Wedges	Hot Pasta Pot: Penne Pasta in Tomato & Vegetable Sauce	Birdseye Fish Fingers with Chips Or Omelette & Chips
Option 2	Tuna Mayo Sandwich Or Cheese Sandwich	Ham or Halal Chicken Baguette Or Egg Mayo Baguette	Halal Chicken or Tuna Mayo Roll Or Cheese Roll	Ham or Tuna Mayo Barm Or Soft Cheese Barm	Ham or Halal Chicken Sandwich Or Cheese Sandwich
Vegetable Accompaniment	Salad	Mixed Salad	Vegetable Sticks	Salad	Mixed Salad
Second Course	Yoghurt with Melon Slice	Chocolate & Mandarin Muffin	Apple Cupcakes	Flapjack	Homemade Biscuit with Fruit Slices

Week 2 Menu for Years 1, 4, 5 and 6

Meal Choice	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese Whirl with Jacket Wedges	Hot Chicken Curry & Naan Bread	Hot Meatballs in Tomato Sauce Pasta Pot	Hot Chicken Fillet Burger	Seaside Salmon Fillet or Veggie Banger with Sauté Potatoes
Option 2	Tuna Mayo Roll Or Egg Roll Sandwich	Ham or Halal Chicken Sandwich Or Cheese Sandwich	Halal Chicken or Tuna Mayo Wrap Or Cheese Salad Wrap	Tuna Mayo Hoagie Roll Or Egg Mayo Hoagie Roll	Ham or Tuna Mayo Sandwich Or Cheese Sandwich
Vegetable Accompaniment	Mixed Salad	Green Salad	Vegetable Sticks	Sugar Snap Peas	Mixed Salad
Second Course	Raspberry Muffin	Banana Loaf	Yoghurt with Fruit Slices	Homemade Biscuit with Fruit Slices	Honey Cupcake

Week 3 Menu for Years 1, 4, 5 and 6

Meal Choice	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Hot Tomato & Vegeball Pasta Pot	Hot Dog with Sliced Potatoes	Homemade Margherita Pizza with Jacket Wedges	Hot BBQ Chicken & Veg Pasta Pot	Tempura Fish Fillet or Veggie Sausage Roll with Chips
Option 2	Tuna Mayo Sandwich Or Cheese Sandwich	Ham or Halal Chicken Roll Or Egg Mayo Roll	Tuna Mayo Sandwich Or Soft Cheese Sandwich	Ham or Halal Chicken Baguette Or Cheese Baguette	Ham Sandwich Or Egg Sandwich
Vegetable Accompaniment	Mixed Salad	Vegetable Sticks	Salad	Vegetable Sticks	Salad
Second Course	Homemade Biscuit with Mandarins	Chocolate Crispy Cake	Pineapple Muffin	Yoghurt with Watermelon Slices	Apple Cupcake

Week 1 Menu for Reception & Years 2 and 3

Meal Choice	Meat Free Monday	Tuesday	Wednesday	Thursday
Option 1	Homemade Margherita Pizza with Jacket Wedges	Pasta Bolognese	Baked Sausages, Mashed Potatoes & Gravy	Jacket Potato with Tuna Mayo or Cheese
Option 2	Jacket Potato with Cheese & Beans	Cheese Flan with Sliced Potatoes	Quorn Cobbler	Homemade Vegetarian Curry & Sunshine Rice
Vegetable Accompaniment	Beans	Green Beans	Broccoli	Corn on the Cob
Second Course	Yoghurt with Melon Slice	Chocolate & Mandarin Muffin	Apple Cupcakes	Flapjack

Week 2 Menu for Reception, Years 2 and 3

Meal Choice	Meat Free Monday	Tuesday	Wednesday	Thursday
Option 1	Cheese Whirl with Jacket Wedges	Homemade Curry with Rice	Homemade Meatballs in Tomato Sauce with Pasta	Homemade Chicken & Vegetable Pie with Mashed Potatoes & Gravy
Option 2	Pasta Shells with Tomato & Vegetable Sauce	Jacket Potato with Beans or Tuna Mayo	Quorn Burger on a Bun with Chips	Jacket Potato with Cheese & Beans
Vegetable Accompaniment	Beans or Salad	Carrots or Salad	Broccoli	Mini Corn on the Cob
Second Course	Raspberry Muffin	Banana Loaf	Yoghurt with Fruit Slices	Homemade Biscuit with Fruit Slices



Week 3 Menu for Reception, Years 2 and 3

Meal Choice	Meat Free Monday	Tuesday	Wednesday	Thursday
Option 1	Vegeballs in Homemade Tomato Sauce with Pasta	Baked Sausages, Mashed Potatoes & Gravy	Homemade Margherita Pizza with Jacket Wedges	Chicken Fillet, Roast Potatoes & Gravy
Option 2	Jacket Potato with Cheese & Beans	Cheese Flan with Mashed Potatoes	Quorn & Vegetable Curry with Rice	Jacket Potato with Tuna Mayo
Vegetable Accompaniment	Mixed Salad	Carrots	Beans or Salad	Broccoli or Salad
Second Course	Homemade Biscuit with Mandarins	Chocolate Crispy Cake	Pineapple Muffin	Yoghurt with Watermelon Slices